



Board of Directors Meeting
Monday, June 8th, 2015

Minutes

Attendance:

Cynthia Cunningham – Executive Director

Maurice Dutton – President

James Lafayette – Vice President

Tancy Horn-Johnson – Treasurer

Deborah Schaefer - Secretary

Janet Enders, Katrina Hall, Lola Hull, Paula Solano,

The B.O.D. Meeting for NAMI Waco opened with the approval of our agenda. Janet made motion that the agenda be approved and the motion was seconded by Tancy.

Tancy addressed the B.O.D. with a question related to our financial reports. Tancy asked, "What do we look for when reviewing the financial reports?"

Maurice addressed this question with the following:

- Is NAMI Waco financially viable with the numbers presented?
- Where has the money gone? How are we spending our resources?
- How is the 1115 project progressing?
- Our biggest expense is Cynthia's salary. The 1115 covers 60% and the board is to cover the remaining 40%.
- Funding: We need to bring in more funds.
- Where is our income being derived? Some of this is from 1115 Waiver, lunch & Learn, dues and donations.

Then we look at expenses. (*items such as internet, phone, liability insurance for B.O.D. and office supplies.*) Looking at how an organization spends its money is very important when we go to seek out grants.

New Board Member Nomination: We then looked at our new board application for Katrina Hall. Katrina was present and gave us some background information on her. Katrina mentioned that she did not have any family members with mental health issues but she has been involved with organizations and NAMI Waco was of interest to her. Katrina also has experience with grant writing. Katrina left the board room while board discussed her nomination. Everyone was in favor. Katrina came back into board room and accepted nomination. Each of the B.O.D. introduced themselves to Katrina.

Maurice then gave a general overview of the beginnings of NAMI Waco. "The recovery movement started about 25 years ago and at that point consumers were allowed to join NAMI." "Recovery is a quality of life issue. Family members are also assets. NAMI

provides Support, education, advocacy and research. NAMI Waco focuses on the first 3 areas. The NAMI Peers work with consumers on critical care issues. Cynthia does much of the coordination of the current 9 peer support specialist. Most of our board has consisted of people in the mental health field. We are looking to expand that base."

Executive Director's Report – Cynthia: Cynthia recently presented a "Hearing Voices Simulation" to 65 court administrators that the Texas Administrator Conference. It includes a CD of voices and demonstrates how difficult it can be to communicate when the voices are coming through at the same time.

1115 Waiver Project – Cynthia reported that we currently have 9 Peers employed in the program. These Peers are working in different areas of MHMR and in the community. Peers are stationed at Counseling Center on Lyle in the Geriatrics dept., COPSD Program, at the Meyers Center, FACT Team, Independence Center and VetsOneStop. Cynthia reported that there are to be 150 consumers served by end of Sept. 2015. Cynthia mentioned as a side bar that MH consumers die 25-29 years early then the national average due to modifiable health risks that if evaluated early on can make a significant difference in longevity.

Baylor Fundraiser at Football Games – Volunteers are still needed. Crawford H.S. and possibly Connely H.S. have expressed some interest to help us man the concession booths at the Baylor home games.

Prosper Waco – Cynthia and Tancy are on Prosper Waco and NAMI Waco has been named as one of their affiliates.

Officers: Maurice stated that the treasurer position still needed to be filled. Tancy volunteered to fill this position.

Minutes Submitted by: Deborah L. Schaefer – Secretary

Adopted by the Board during the meeting on: 7-13-15

President's signature: Maura G. Dutton