

NAMI Waco B.O.D. Meeting
December 14, 2015

Attendance:

Maurice Dutton – President	Cynthia Cunningham – Executive Director
James Lafayette – Vice President	Tansy Horn-Johnson – Treasurer
Deborah Schaefer – Secretary	Katrina Hall
Christina Oldfield – Tarleton University Intern	Aliza Shook – Tarleton University Intern

Meeting began at 12:10 p.m. Cynthia arranged for a baked potato lunch with all the fixings.

Cynthia announced that in spring of 2016 NAMI Waco has a Capital Day and invited all B.O.D. and Interns to attend to advocate for mental health reform. This will take place sometime in March of 2016. Tansy further explained that on Capital Day students could go to the state Capital in Austin and talk with legislators about mental health issues and reform.

Since quorum had not been met at this time the board decided to proceed with New Business.

NEW BUSINESS:

Tarleton Service Learning – Christina and Aliza took the floor and presented their service project. This project began with a large colorful poster which outlined a 2 year working project. This program's goal is to educate parents and children about mental health. This would take place with a series of programs:

- Suicide Awareness this Fall @ MCC Campus and utilize MCC and Tarleton students
- Potential MCC Psycho Drama with ISD approval
- Tarleton Institutional Review Board's approval would also be sought for all initiatives at MCC Campus

Maurice brought up running this and other such projects through NAMI Texas policy person and stressed the need for affiliates to coordinate with NAMI State. Cynthia has a detailed print out of this program that is available for any board members to review.

Quorum was now met with the arrival of another board member. B.O.D. now went back to beginning of meeting agenda.

Board agreed that there was no conflict of interest and consent agenda was approved. Jim made motion to approve and it was seconded by Katrina.

There were no changes to the November 2015 minutes and minutes were approved for November.

Financial Statements were reviewed with no changes.

Cynthia provided a printed "End of Year" report with detail of all NAMI Waco programs and happenings throughout 2015. Board agreed that NAMI Waco had a very successful year in terms of programming and success with the receipt to 2 large grants (\$2,700 and \$10,000) due to Cynthia's efforts which significantly improved NAMI Waco's current financial picture. Cynthia was applauded for her efforts. Cynthia supplied each board member with a copy of our 2015 achievements and envelopes to reach out to someone in the community.

OLD BUSINESS:

Homeless Gift Project - Deborah presented her budget for an awareness and distribution program at Meyers Center on January 12th. "Tune-Up Tuesday" (Meyers Center Program that engages community agencies to reach out.)

Budget was approved by board for up to \$350.00 for hygiene and limited clothing items. Jim stressed that it is important to also seek donations in order to save money. Cynthia said that she could secure many of the hygiene items through NAMI Waco's "Gift in Kind" participation at Caritas.

SAVOR Update- NAMI Waco volunteers and some board members participated in 5 of the 6 Baylor Game fundraisers. It was decided due to the poor treatment of the volunteers that the SAVOR fundraisers for 2015 would not continue for the last game. An appreciation dinner was held at the home of Jim and Dana Lafayette. Cynthia reported that a total of \$4,499.00 was raised. The manager that was in charge of coordinating this program has since been let go. NAMI Waco Board will reconsider working this fundraiser again after much review for 2016.

NAMI Waco Introduction at St. Mark Lutheran Church in Waco – Deborah presented that this introduction to NAMI Waco along with a cake with NAMI Waco logo and handouts was well received by the church members. There were some questions and inquiries. This was sponsored by NAMI Waco and the Programs and Education Committee of NAMI Waco.

1115 Waiver Update – Cynthia updated board that she will be hiring 8 peers for the current remainder of the 1115 Waiver which will end in September 2016 due to current peers getting full-time jobs. Cynthia reported that NAMI Waco will be receiving \$8,000 plus holdback for meeting their goals.

Meeting adjourned at 12:50 p.m.

Respectfully submitted by,
Deborah Loretta Schaefer – NAMI Waco Secretary

President: _____



Approved on: January 11, 2016