



Annual Meeting and Board of Directors Meeting
Monday, November 9th, 2015

Attendance:

Maurice Dutton – President
James LaFayette – Vice President
Janet Enders

Cynthia Cunningham – Executive Director
Deborah Schaefer – Secretary
Trenia Cooper

Annual Meeting for NAMI Waco began at 12:17 p.m. Adjourned at 12:20 p.m.

There was not any NAMI Waco members present outside of NAMI Waco B.O.D.
Cynthia discussed the past year and the accomplishments of NAMI Waco. (File copy in detail.)

Cynthia discussed the signature groups and informed B.O.D. that Peer to Peer and Family to Family would not be meeting due to lack of registration. The current signature groups that are meeting include NAMI Connections Peer Group and Ending the Silence.

Maurice discussed election of board members to continue for next term and everyone was in agreement to stay in office and continue for their next term. They included James LaFayette, Deborah Schaefer, and Janet Enders. A vote was held with all in agreement and none opposed.

NAMI Waco Board of Directors Meeting began at 12:24 p.m.

Consent Agenda and October Minutes were approved without change. James made motion to approve October minutes and Trenia seconded the motion.

Cynthia discussed the SAVOR event status. It rained at last game against West Virginia but raised total of \$1,000. This Saturday, November 14th is game against Oklahoma and is a 7 p.m. game. It is expected to be a busy game. The Federation of Christian Athletes is expected to be present. December 5th will be the last game through the SAVOR event.

Trenia shared with the B.O.D. that she accepted a new position with Baylor and will be leaving the Methodist Children's Home after 15 years of service. She is excited about this new opportunity to serve through a special government program for Baylor students in at risk situations.

1115 Waiver funding contract end date is September 30th, 2016 as end of fiscal year. Cynthia expects to be hiring 6 new peer providers in December of 2015.

The Annual B.O.D. Christmas Meeting has been agreed by B.O.D. to meet at the Cooper Foundation on Monday, December 14th at 12 Noon. Menu was suggested and agreed to be provided by McCalisters in Waco.

Deborah shared her October certification training in Austin on Trauma Informed Peer Support and how there is a trend in the future to diagnose individuals with a trauma diagnosis instead of mental health diagnosis. Maurice shared that there is still some controversy over this approach and not agreed upon by all clinicians.

Trenia shared how a traumatic incident can affect ones mental health and was open to group about her mother having a stroke and how that impacted her and not being prepared to be without her mother.

New Business:

Maurice made a candid disclosure that he feels the need to step down as NAMI Waco B.O.D. President. He wants the B.O.D. to explore other options for a new B.O.D. President that can take NAMI Waco into the future and new direction with excitement and passion. He also recommended the need for business leaders to serve on the B.O.D. to get other perspectives outside of MH professionals.

Programs and Education Committee:

Deborah and Trena shared the success they had at their "Childhood Trauma" Program on October 14th with 54 in attendance. They will look at other ways to advertise and clearly state cost so that more money is raised at next program. This program did raise \$160.00. This committee plans to have a general admission fee regardless of C.E.U. credits.

Deborah and Trena also have planned an educational Intro to NAMI Waco program at St. Mark Lutheran Church – Waco on Sunday, November 22nd, 2015 with a cake with NAMI Waco logo, flyers and brief introduction about NAMI Waco and what we offer.

Consumer Committee:

Deborah gave a report on re-establishing the consumer committee with interest. Deborah is having an Organizational Consumer Committee Luncheon at her home on November 18, 2015 from 11:30 a.m. - 1:00 p.m. Our agenda plans to be an introduction to NAMI Waco, ideas for fundraisers and a lunch of Italian spaghetti, garlic bread, salad and tea served made by Deborah.

Respectfully submitted by,

Deborah Loretta Schaefer, B.A., C.P.A.
NAMI Waco Secretary

Approved on: December 14, 2015

BOD President:

